



6B Lau Yuen Hei Heily

Our Visit to an Elderly People's Home

Last Monday, my classmates and I visited the elderly people's home in Tai Po. We went there with our teachers and social worker by school bus. We wanted to visit the elderly and share some happy performances with them.

After we arrived, we warmed up and then started our first performance; singing an old song. The residents were happy. We sang the old songs together and had lots of fun.

The next activity that we had planned was watching a movie. The movie was so funny. Everyone laughed loudly and smiled throughout the film.

By then, it was lunchtime. We made food for the elderly. We made some ham sandwiches and cakes for them. The elderly said, "They are yummy!" We felt delighted that they enjoyed our cooking.

Time went very fast. Finally, we took photos with them and left feeling very contented. I believe this to have been a meaningful experience.

