

Pui Ling School of The Precious Blood
Class Suspension Learning Tasks (Phase 9)
Book 4B Unit 5 (Health tips)
Post-reading Exercise

Class: 4A Name: _____ () Date: _____

A. Read SB p.44 and 45. Choose the best answers.

1. Harry and his dad are reading a _____.

- A story
- C leaflet
- B letter
- D poem

2. Influenza is NOT common in _____.

- A February
- C July
- B March
- D November

3. Read line 6: 'How to prevent influenza'.

What does 'prevent' mean?

- A to stop something bad from happening
- B to destroy something
- C to make something disappear
- D to make someone feel better

4. What should Harry do if he has a temperature?

- A eat more food every day
- C visit the doctor
- B do a lot of exercise
- D get a vaccination

5. Who is Mr Wong?

- A Harry
- C the speaker of the talk
- B Harry's doctor
- D Harry's dad

6. Read lines 25–26. The speaker tells Mr Wong not to go to work because _____.

- A he needs to take medicines at home
- B he does not want to wear a mask
- C he needs to take more rest to help him get better
- D he needs to wash his hands very often

7. Read the conversation between the speaker and Mr Wong. What else should Mr Wong do?

- A He should go to work.
- B He should see a doctor.
- C He should go to school.
- D He should buy some fruit.

8. What should people over 65 years old do in order **NOT** to get an influenza?

- A They should never do exercise.
- B They should drink a little water every day.
- C They should touch their faces before washing their hands.
- D They should get a vaccination.

B. Fill in the blanks with the words below. Each option can be used once only.

healthy	influenza	should not	vaccination
exercise	plenty	should	mask

Harry and his dad are at a talk about (1.) influenza. It is like a very bad cold.

In order not to have influenza, people should eat (2.) healthy food. They should also drink (3.) plenty of water. They should do (4.) exercise regularly. They may go swimming, jogging or running. Old people or children should get a (5.) vaccination.

If you do not feel well, you (6.) should see a doctor. You should also wear a (7.) mask when you go out.