

Pui Ling School of The Precious Blood
Class Suspension Self-directed Learning Tasks

Reading Exercise 2

Class: 5___ Name: _____ () Date: _____

**Margaret is reading some information about a cyclist in Hong Kong.
Read the information.**

A world-class cyclist from Hong Kong – Lee Wai Sze, Sarah



| | | |
|-------|---|----|
| -1987 | born in Kowloon, Hong Kong and grew up in Ngau Tau Kok | 1 |
| -1993 | studied in Bishop Paschang Catholic School | |
| -1999 | went to Leung Shek Chee College | |
| -2001 | was recommended to Hong Kong Sports Institute and joined as the member of Hong Kong Cycling Association | 5 |
| -2004 | became a full-time athlete | |
| -2006 | suffered a major setback, breaking her left wrist while trying to avoid hitting a stray dog during a training ride | |
| -2010 | won a gold medal for the 500m time track cycling event at the 2010 Asian Games and a silver medal for the keirin at the World Track Cup | 10 |
| -2011 | got the Medal of Honour from the Hong Kong Government | |
| -2012 | was chosen to hold the flag of Hong Kong for the 2012 Summer Olympics in London and received the bronze medal in women's keirin | 15 |
| -2013 | won gold in the women's 500m time-trial at the World Track Championships in Belarus and became the first female athlete from Hong Kong to wear rainbow jersey | |

A. Choose the best answer.

1. Margaret is reading _____.
 A. a newsletter B. an encyclopedia
 C. a newspaper article D. a biography

2. Where does Sarah Lee live?
 A. in Kowloon B. in the New Territories
 C. on Hong Kong Island D. on Cheung Chau

3. Which primary school did Sarah Lee study in?
 A. Ngau Tau Kok Primary School
 B. Bishop Paschang Catholic School
 C. Leung Shek Chee College
 D. Hong Kong Sports Institute

4. When did she enter Hong Kong Sports Institute?
 A. when she was in Primary 3
 B. when she was in Primary 6
 C. when she was in Form 3 in a secondary school
 D. when she was in Form 6 in a secondary school

5. Which of the following sentences is not true about Sarah Lee?
 A. She never studied overseas.
 B. She was a part-time athlete in 2004.
 C. She won the champion at the 2010 Asian Games.
 D. She was one of the Medal of Honour recipients in 2011.

6. What happened to Sarah in 2006?
 A. She became a full-time athlete.
 B. She kept a stray dog.
 C. She broke her rib during a training ride.
 D. Her left wrist was seriously broken in training.

7. What happened to Sarah when she was 25 years old?
 A. She won the gold medal at the 2010 Asian Games.
 B. She got the silver medal for the keirin at the World Track Cup.
 C. She was the flag bearer of the Hong Kong Olympic Representative in 2012 London Olympics.
 D. She received the silver medal in women's keirin in 2012 Olympics.

Class:5_____ Name: _____() Date:_____

B. Match the words with the correct meaning.

| | | | | | |
|----|---------------------------------|-------|--|----|--|
| 1. | born <i>(verb)</i> | _____ | | A. | (of work or education) done for the whole of a working week |
| 2. | recommend <i>(verb)</i> | _____ | | B. | the process of learning the skills you need to do a particular job or activity |
| 3. | full-time <i>(adjective)</i> | _____ | | C. | to prevent something from happening or to not allow yourself to do something |
| 4. | athlete <i>(noun)</i> | _____ | | D. | a person who is very good at sports |
| 5. | avoid <i>(verb)</i> | _____ | | E. | to come out of a mother's body, and start to exist |
| 6. | training <i>(noun)</i> | _____ | | F. | to suggest that something would be good or suitable for a particular purpose |

C. Read the information on Page 1. Fill in the blanks with the best words from the following table. Choose the correct letters.

| | | |
|----------------|--------------|-------------|
| A. recommended | B. full-time | C. avoid |
| D. athlete | E. born | F. training |

- I went to a farm in Australia last year. A lamb was _____. It could not take care of itself but drank milk only.
- The doctor _____ me to do more exercise and eat plenty of fruit and vegetables.
- My brother twisted his ankle in a _____ session last Friday.
- I try to _____ going shopping on Saturdays. It is because the shopping malls are so crowded and it takes a long time to buy things.
- Kelvin quitted the job last year. He furthered his studies and became a _____ student in England.
- If an _____ makes a false start, the race must be restarted.